



NARCOTICS ANONYMOUS CALIFORNIA HELPLINES & WEBSITES

Area Code	City for (reference) **	R	Area Name	Helpline Number	Web Site ***
			Region Map Reference (see map on page 2)		
209	Modesto / Merced		Stanislaus Valley	209 526 1817	www.stanislausvalleygroups-na.org
	Sonora	3	Central Sierra S	209 533 2348	www.calmidstatena.org
	Angels Camp	3	Central Sierra	800 240 4956	www.calmidstatena.org
	Stockton	3	Central Valley N.	209 464 9262	www.calmidstatena.org
213	Los Angeles (Downtown)	5	Greater L.A.	323 933 5395	www.glaana.org
310	Hermosa Beach	5	Bay Cities Area	310 372 9666	www.baycitiesna.com
	West L.A./Santa Monica	5	Westside Area	310 390 0279	www.westsidena.org
323	East Los Angeles	5	Greater East L.A.	323 721 5504	www.greatereastlosna.org
	Hollywood	5	Greater Hollywood	323 850 1624	www.hollywoodna.org
	Los Angeles	5	Greater L.A.	323 933 5395	www.glaana.org
408	San Jose	1	Greater San Jose	408 998 4200	www.sjna.org
415	San Francisco	1	San Francisco	415 621 8600	www.sfna.org
	San Rafael	1	Marin	415 456 1292 or 877 612 7837	www.mcfna.org
424	West L.A./Santa Monica	5	Westside Area	310 390 0279	www.westsidena.org
510	Oakland	1	East Bay Central	510 444 4673	www.naalamedacounty.org
530	Auburn	1	Sierra Foothills	530 268 4552	www.sfana.org
	Chico	1	916 North	530 877 6361	www.916northna.org
	Lake Tahoe North	2	Sierra Sage	530 546 1116	www.sierrasagena.org
	Lake Tahoe South	2	Sierra Sage	530 541 4100	www.sierrasagena.org
	Anderson	1	River Cities	530 366 1016	www.norcalna.org
	Redding	1	Shasta	530 221 5060	www.shastana.org
	Yreka	1	Siskiyou	530 842 7502	www.pcrna/siskiyou.org
559	Fresno	3	Cal. Mid State Region	559 255 5881	www.calmidstatena.org
	Porterville	3	Foothill Area	559 784 4420	www.calmidstatena.org
	Tulare / Visalia	3	Kings Tulare	559 734 0403	www.calmidstatena.org
562	Whittier	5	Eastern Counties	562 698 4604	www.ecana.org
	La Habra/ Placentia	5	Orange County	714-590-2388	www.orangecountyna.org
	Long Beach	5	Bay Cities Area	310 372 9666	www.baycitiesna.com
619	San Diego	8	San Diego/Imperial	619 584 1007	www.sandiegona.org
	Vista	8	San Diego/Imperial	619 584 1010	www.sandiegona.org
626	Covina/West Covina	5	Northern Counties	800 863 2962	www.todayna.org
	Pasadena	5	San Gabriel Valley	626 584 6910	www.sgvna.org
	Monrovia	5	S. Cal Spanish	888 622 4672	www.todayna.org
		5	S. Cal Region	800 863 2962	www.todayna.org
650	San Mateo	1	Peninsula	650 802 5950	www.norcalna.org
657	Extends 714 Area Code	5	Orange County	714-590-2388	www.orangecountyna.org
661	Bakersfield	4	Kern Area	877 629 6759	https://www.ccrna.net/
	Lancaster/ Palmdale	5	Southern Antelope Valley	661 266 2200	www.sava-na.org
661	Newhall / Saugus, Canyon Country	5	Santa Clarita	661 299 5599	www.todayna.org
707	Eureka	1	Humboldt/Del	707 444 8645	www.humdelna.org
	Lakeport	1	Lake	707 262 0132	www.lakecountyna.org
	Napa	1	Napa/Solano	707 251 5982	www.napasolanona.org
	Santa Rosa	1	Sonoma	707 575 7837	www.sonomacountyna.org
	Ukiah / Willits	1	Mendocino	707 485 9110	www.mendona.org
714	Anaheim	5	Orange County	714-590-2388	www.orangecountyna.org
760	Barstow	5	Desert Empire	760 255 2045	www.todayna.org/dea
	Needles	7	River Valley	800-584-2169	www.arizona-na.org

Source: http://www.orangecountyna.org/Service/Calif_Helplines_and_Websites

NARCOTICS ANONYMOUS CALIFORNIA HELPLINES & WEBSITES

Area Code	City for (reference)**	R	Area Name	Helpline Number	Web Site***
	Palm Desert/Blythe	6	Lower Desert	760 346 5800 or 800 834 9303	www.cirna.org/lda/index.htm
	Ridgecrest	5	Eastern Sierra	760 446 4445	www.todayna.org
	Victorville	6	Greater Mojave	888 322 6817	http://www.cirna.org/taxonomy/term/3
	Oceanside	8	North Costal Area	619 584 1007	www.sandiegona.org/area/ncoast
805	San Luis Obispo	4	Central Coast	805 549 7730 or 800 549 7730	https://www.ccrna.net/
	Santa Barbara	4	Santa Barbara	805 569 1288	www.na-santabarbara.org
	Simi Valley / Moorpark	4	County Line Area	888 672 9318	https://www.ccrna.net/
	Ventura / Oxnard	4	Gold Coast	888 817 7425	https://www.ccrna.net/
818	Northridge	5	West End Area	818 787 9706	www.todayna.org
	Reseda	5	San Fernando Valley	818 997 3822	www.nasfv.com
831	Monterey	1	Monterey	831 624 2055	www.monterey-sbna.org
	Salinas	1	Monterey	831 758 1630	www.monterey-sbna.org
	Santa Cruz	1	Santa Cruz	831 429 7436	www.scnapi.org
858	Kearny Mesa	8	Beach Area	619 584 1007	www.sandiegona.org/area/beach
909	Yucca Valley, Twenty-nine Palms, Joshua Tree,	6	Morongo Basin Area	800 833 2830	www.cirna.org/taxonomy/term/5
	Running Springs Big Bear	6	Mountain Area	909 584 7115	www.cirna.org/taxonomy/term/6
	Ontario	5	Inland Empire West	909 622 4274	www.todayna.org/iewana
	Redlands/Yucaipa	5	Inland Empire Foothills	909 795 0464	www.iefoothillsna.org
	Riverside/Corona San Bernardino	5	Eastern Inland Empire	909 370 3568 800 397 2333	www.eietodayna.com
916	Sacramento	1	American River	916 732 2299	www.sacramentona.org
	Sacramento	1	Sacramento Fellowship	916 732 2299	www.sacfna.org
925	Concord	1	Contra Costa	925 685 4357	www.contracostana.org
949	San Juan Capistrano	5	South Coast Area	949 661 6183	www.southcoastareana.com
951	Hemet	6	Southwest Area	951 652 5326	www.cirna.org/taxonomy/term/7
OFFICES	No. California	1	Regional Office	707 422 9234	www.norcalna.org
	San Diego	8	Regional Office	619 584 1010	www.sandiegona.org
	San Francisco	1	Area Office	415 864 3155	www.sfna.org
	So. California	5	Regional Office	626 359 0084	www.todayna.org
	Chatsworth		World Service	818 773 9999	www.na.org

This list originated on the website operated by the Northern California Region of Narcotics Anonymous.

The NA World website (www.na.org) and most of the regional and area websites do offer helpline lists and area website lists; but the www.norcalna.org site was the first to use telephone area code as a geographic index to areas. The Orange County Area Public Information Subcommittee acknowledges and appreciates the work it represents. The initial listing was the hard part!

In the future, download updated copies using the link <http://www.orangecountyana.org/> or <http://www.norcalna.org/helplines.php> (Then Select Statewide Phonenumber).

* Indicates New or updated information, ** City (or reference) is based on The Helpline Number or Area, or Regional Mailing Address

*** Regional Helpline Numbers and/or Web Sites Are shown when the area does not operate them independently



The California Regions have been numbered to assist you in locating areas within regions.

Regional Helpline

Regional Website

- | | |
|------------------|--|
| 1 - None | www.norcalna.org |
| 2 - 888 850 2205 | www.sierrasagena.org |
| 3 - 559 255 5881 | www.calmidstatena.org |
| 4 - None | www.ccrna.net |
| 5 - 800 863 2962 | www.todayna.org |
| 6 - None | www.cirna.org |
| 7 - 800 584 2169 | www.arizona-na.org |
| 8 - 619 584 1007 | www.sdcrsna.org |