



## NARCOTICS ANONYMOUS CALIFORNIA HELPLINES & WEBSITES

Area Code	City for (reference) **	R	Area Name	Helpline Number	Web Site ***
			Region Map Reference (see map on page 2)		
	Stockton	3	Central Valley N.	209 464 9262	<a href="http://www.calmidstatena.org">www.calmidstatena.org</a>
209	Modesto / Merced		Stanislaus Valley	209 526 1817	<a href="http://www.stanislausvalleygroups-na.org">www.stanislausvalleygroups-na.org</a>
310	Hermosa Beach	5	Bay Cities Area	310 372 9666	<a href="http://www.baycitiesna.com">www.baycitiesna.com</a>
	Long Beach	5	Bay Cities Area	310 372 9666	<a href="http://www.baycitiesna.com">www.baycitiesna.com</a>
	West L.A./Santa Monica	5	Westside Area	310 390 0279	<a href="http://www.westsidena.org">www.westsidena.org</a>
424	West L.A./Santa Monica	5	Westside Area	310 390 0279	<a href="http://www.westsidena.org">www.westsidena.org</a>
323	East Los Angeles	5	Greater East L.A.	323 721 5504	<a href="http://www.greatereastlosna.org">www.greatereastlosna.org</a>
	Hollywood	5	Greater Hollywood	323 850 1624	<a href="http://www.hollywoodna.org">www.hollywoodna.org</a>
213	Los Angeles (Downtown)	5	Greater L.A.	323 933 5395	<a href="http://www.glaana.org">www.glaana.org</a>
	Los Angeles	5	Greater L.A.	323 933 5395	<a href="http://www.glaana.org">www.glaana.org</a>
408	San Jose	1	Greater San Jose	408 998 4200	<a href="http://www.sjna.org">www.sjna.org</a>
	San Rafael	1	Marin	415 456 1292 or 877 612 7837	<a href="http://www.mcfna.org">www.mcfna.org</a>
415	San Francisco	1	San Francisco	415 621 8600	<a href="http://www.sfna.org">www.sfna.org</a>
	San Francisco	1	Area Office	415 864 3155	<a href="http://www.sfna.org">www.sfna.org</a>
510	Oakland	1	East Bay Central	510 444 4673	<a href="http://www.naalamedacounty.org">www.naalamedacounty.org</a>
	Redding	1	Shasta	530 221 5060	<a href="http://www.shastana.org">www.shastana.org</a>
530	Auburn	1	Sierra Foothills	530 268 4552	<a href="http://www.sfana.org">www.sfana.org</a>
	Anderson	1	River Cities	530 366 1016	<a href="http://www.norcalna.org">www.norcalna.org</a>
	Lake Tahoe South	2	Sierra Sage	530 541 4100	<a href="http://www.sierrasagena.org">www.sierrasagena.org</a>
	Lake Tahoe North	2	Sierra Sage	530 546 1116	<a href="http://www.sierrasagena.org">www.sierrasagena.org</a>
	Yreka	1	Siskiyou	530 842 7502	<a href="http://www.pcrna/siskiyou.org">www.pcrna/siskiyou.org</a>
	Chico	1	916 North	530 877 6361	<a href="http://www.916northna.org">www.916northna.org</a>
		1		530 527 0992	
559	Fresno	3	Cal. Mid State Region	559 255 5881	<a href="http://www.calmidstatena.org">www.calmidstatena.org</a>
	Tulare / Visalia	3	Kings Tulare	559 734 0403	<a href="http://www.kingstularena.net">www.kingstularena.net</a>
562	Whittier	5	Eastern Counties	562 698 4604	<a href="http://www.ecana.org">www.ecana.org</a>
	Oceanside	8	North Costal Area	619 584 1007	<a href="http://www.sandiegona.org/area/ncoast">www.sandiegona.org/area/ncoast</a>
858	Kearny Mesa	8	Beach Area	619 584 1007	<a href="http://www.sandiegona.org/area/beach">www.sandiegona.org/area/beach</a>
619	San Diego	8	San Diego/Imperial	619 584 1007	<a href="http://www.sandiegona.org">www.sandiegona.org</a>
	Vista	8	San Diego/Imperial	619 584 1010	<a href="http://www.sandiegona.org">www.sandiegona.org</a>
	San Diego	8	Regional Office	619 584 1010	<a href="http://www.sandiegona.org">www.sandiegona.org</a>
	So. California	5	Regional Office	626 359 0084	<a href="http://www.todayna.org">www.todayna.org</a>
	Pasadena	5	San Gabriel Valley	626 584 6910	<a href="http://www.sgvna.org">www.sgvna.org</a>
650	San Mateo	1	Peninsula	650 802 5950	<a href="http://www.norcalna.org">www.norcalna.org</a>
	Lancaster/ Palmdale	5	Southern Antelope Valley	661 266 2200	<a href="http://www.sava-na.org">www.sava-na.org</a>
661	Newhall / Saugus, Canyon Country	5	Santa Clarita	661 299 5599	<a href="http://www.todayna.org">www.todayna.org</a>
	Napa	1	Napa/Solano	707 251 5982	<a href="http://www.napasolanona.org">www.napasolanona.org</a>
	Lakeport	1	Lake	707 262 0132	<a href="http://www.lakecountyna.org">www.lakecountyna.org</a>
OFFICES	No. California	1	Regional Office	707 422 9234	<a href="http://www.norcalna.org">www.norcalna.org</a>
707	Eureka	1	Humboldt/Del	707 444 8645	<a href="http://www.humdelna.org">www.humdelna.org</a>
	Ukiah / Willits	1	Mendocino	707 485 9110	<a href="http://www.mendona.org">www.mendona.org</a>
	Santa Rosa	1	Sonoma	707 575 7837	<a href="http://www.sonomacountyna.org">www.sonomacountyna.org</a>
	La Habra/ Placentia	5	Orange County	714 590 2388	<a href="http://www.orangecountyna.org">www.orangecountyna.org</a>
657	Extends 714 Area Code	5	Orange County	714 590 2388	<a href="http://www.orangecountyna.org">www.orangecountyna.org</a>
714	Anaheim	5	Orange County	714 590 2388	<a href="http://www.orangecountyna.org">www.orangecountyna.org</a>
760	Barstow	5	Desert Empire	760 255 2045	<a href="http://www.todayna.org/dea">www.todayna.org/dea</a>
	Palm Desert/Blythe	6	Lower Desert	760 346 5800 or 800 834 9303	<a href="http://www.cirna.org/lda/index.htm">www.cirna.org/lda/index.htm</a>

Source: [http://www.orangecountyna.org/Service/Calif\\_Helplines\\_and\\_Websites](http://www.orangecountyna.org/Service/Calif_Helplines_and_Websites)

## NARCOTICS ANONYMOUS CALIFORNIA HELPLINES & WEBSITES

Area Code	City for (reference)**	R	Area Name	Helpline Number	Web Site***
	Ridgecrest	5	Eastern Sierra	760 446 4445	<a href="http://www.todayna.org">www.todayna.org</a>
	Sonora	3	Central Sierra S	800 240 4956	<a href="http://www.calmidstatena.org">www.calmidstatena.org</a>
	Angels Camp	3	Central Sierra	800 240 4956	<a href="http://www.calmidstatena.org">www.calmidstatena.org</a>
	Needles	7	River Valley	800 584 2169	<a href="http://www.arizona-na.org">www.arizona-na.org</a>
909	Yucca Valley, Twenty-nine Palms, Joshua Tree,	6	Morongo Basin Area	800 833 2830	<a href="http://www.cirna.org/taxonomy/term/5">www.cirna.org/taxonomy/term/5</a>
626	Covina\West Covina	5	Northern Counties	800 863 2962	<a href="http://www.todayna.org">www.todayna.org</a>
		5	S. Cal Region	800 863 2962	<a href="http://www.todayna.org">www.todayna.org</a>
	Porterville	3	Foothill Area	800 970 3334	<a href="http://www.calmidstatena.org">www.calmidstatena.org</a>
805	San Luis Obispo	4	Central Coast	805 549 7730 or 800 549 7730	<a href="https://www.ccrna.net/">https://www.ccrna.net/</a>
	Santa Barbara	4	Santa Barbara	805 569 1288	<a href="http://www.na-santabarbara.org">www.na-santabarbara.org</a>
	Chatsworth		World Service	818 773 9999	<a href="http://www.na.org">www.na.org</a>
818	Northridge	5	West End Area	818 787 9706	<a href="http://www.todayna.org">www.todayna.org</a>
	Reseda	5	San Fernando Valley	818 997 3822	<a href="http://www.nasfv.com">www.nasfv.com</a>
	Santa Cruz	1	Santa Cruz	831 429 7436	<a href="http://www.scnapi.org">www.scnapi.org</a>
831	Monterey	1	Monterey	831 624 2055	<a href="http://www.monterey-sbna.org">www.monterey-sbna.org</a>
	Salinas	1	Monterey	831 758 1630	<a href="http://www.monterey-sbna.org">www.monterey-sbna.org</a>
866		1		866 315 8645	
661	Bakersfield	4	Kern County Area	877 629 6759	<a href="https://www.ccrna.net/">https://www.ccrna.net/</a>
	Victorville	6	Greater Mojave	888 322 6817	<a href="http://www.cirna.org/taxonomy/term/3">http://www.cirna.org/taxonomy/term/3</a>
	Monrovia	5	S. Cal Spanish	888 622 4672	<a href="http://www.todayna.org">www.todayna.org</a>
	Simi Valley / Moorpark	4	County Line Area	888 672 9318	<a href="https://www.ccrna.net/">https://www.ccrna.net/</a>
	Ventura / Oxnard	4	Gold Coast	888 817 7425	<a href="https://www.ccrna.net/">https://www.ccrna.net/</a>
		4		888 423 3428	
	Riverside/Corona San Bernardino	5	Eastern Inland Empire	909 370 3568 800 397 2333	<a href="http://www.eietodayna.com">www.eietodayna.com</a>
	Running Springs Big Bear	6	Mountain Area	909 584 7115	<a href="http://www.cirna.org/taxonomy/term/6">www.cirna.org/taxonomy/term/6</a>
	Ontario	5	Inland Empire West	909 622 4274	<a href="http://www.todayna.org/iewana">www.todayna.org/iewana</a>
	Redlands/Yucaipa	5	Inland Empire Foothills	909 795 0464	<a href="http://www.iefoothillsna.org">www.iefoothillsna.org</a>
916	Sacramento	1	American River	916 732 2299	<a href="http://www.sacramentona.org">www.sacramentona.org</a>
	Sacramento	1	Sacramento Fellowship	916 732 2299	<a href="http://www.sacfna.org">www.sacfna.org</a>
925	Concord	1	Contra Costa	925 685 4357	<a href="http://www.contracostana.org">www.contracostana.org</a>
949	San Juan Capistrano	5	South Coast Area	949 661 6183	<a href="http://www.southcoastareana.com">www.southcoastareana.com</a>
951	Hemet	6	Southwest Area	951 652 5326	<a href="http://www.cirna.org/taxonomy/term/7">www.cirna.org/taxonomy/term/7</a>

This list originated on the website operated by the Northern California Region of Narcotics Anonymous.

The NA World website ([www.na.org](http://www.na.org)) and most of the regional and area websites do offer helpline lists and area website lists; but the [www.norcalna.org](http://www.norcalna.org) site was the first to use telephone area code as a geographic index to areas. The Orange County Area Public Information Subcommittee acknowledges and appreciates the work it represents. The initial listing was the hard part!

In the future, download updated copies using the link <http://www.orangecountyna.org/> or <http://www.norcalna.org/helplines.php> (Then Select Statewide Phonelist).

\* Indicates New or updated information, \*\* City (or reference) is based on The Helpline Number or Area, or Regional Mailing Address

\*\*\* Regional Helpline Numbers and/or Web Sites Are shown when the area does not operate them independently



The California Regions have been numbered to assist you in locating areas within regions.


### Regional Helpline

### Regional Website

- |                  |  |
|------------------|--|
| 1 - None         | <a href="http://www.norcalna.org">www.norcalna.org</a>           |
| 2 - 888 850 2205 | <a href="http://www.sierrasagena.org">www.sierrasagena.org</a>   |
| 3 - 559 255 5881 | <a href="http://www.calmidstatena.org">www.calmidstatena.org</a> |
| 4 - None         | <a href="http://www.ccrna.net">www.ccrna.net</a>                 |
| 5 - 800 863 2962 | <a href="http://www.todayna.org">www.todayna.org</a>             |
| 6 - None         | <a href="http://www.cirna.org">www.cirna.org</a>                 |
| 7 - 800 584 2169 | <a href="http://www.arizona-na.org">www.arizona-na.org</a>       |
| 8 - 619 584 1007 | <a href="http://www.sdicsrsona.org">www.sdicsrsona.org</a>       |

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**NARCOTICS ANONYMOUS CALIFORNIA HELPLINES & WEBSITES**

Area Code	City for (reference) **	R   Area Name	Helpline Number	Web Site ***
	 <p>Southern California Region 8 San Diego, Imperial Counties Region</p>			