

# ORANGE COUNTY NARCOTICS ANONYMOUS PUBLIC RELATIONS

This bulletin is intended for NA Members, GSRs, and the groups whom they serve.

**Context:** It was once part of our history in NA that it was illegal for two addicts to meet together for any reason. Addicts faced harassment by law enforcement and prosecution in penal system for meeting together for the purposes of recovery. As a result of the circumstances facing our local area today, as well as, our world-wide fellowship, it is once again illegal for our groups to meet openly in Orange County. This is due to no fault of our own, rather, these orders are intended to address the growing health concerns that are affecting all of us. The addicts who stood up for our right to meet openly in the 1950's had considerably less resources than we have today. We, as a fellowship, are in a privileged position to have access to speaker CDs, online MP3s of NA members sharing, as well as virtual meetings. This bulletin will focus on how to access virtual NA meetings in the Orange County Area. One brief reminder, NA does not endorse any of the tools that will be mentioned below, they are simply, resources that many of our members are already using to carry the message during this difficult time.

## How to Access Virtual Meetings:

**Step 1:** Download the Zoom App to your smart phone or computer

**Step 2:** Using your browser, go to [orangecountyna.org](http://orangecountyna.org) and select the Meetings tab, click on the link for the virtual meeting you want to join.

**Alternative ways of accessing a virtual meeting:** Through the Zoom App, type in the meeting ID, which will be posted on the [orangecountyna.org](http://orangecountyna.org) website. Or, connect through Facebook and search for the group: Virtual NA Orange County.

## Meeting Times:

There will be several links on the [orangecountyna.org](http://orangecountyna.org) website for daily noon meetings and evening meetings. The start times for the meetings will be listed next to each link.

## Procedure for Joining a Virtual Meeting:

**Step 1:** After accessing the virtual meeting through [orangecountyna.org](http://orangecountyna.org), Zoom, or Facebook, type in your name or nickname to get started.

**Step 2:** Select the option to use or decline to use your camera for video.

**Step 3:** Select the option for "call via device audio," this will enable the sound.

**Step 4:** Make sure your microphone is muted (this should happen automatically when you join the meeting).

**Step 5:** If you would like to share, select the three dots [...] at the bottom of the screen and select "Raise Hand." You can also give a thumbs up or clap after shares using this options menu.

**Step 6:** You may join or leave the meeting at any time and those who share are asked to observe a 5-minute limit on their share.

Thank you for allowing us to be of service,  
*Orange County Narcotics Anonymous Public Relations Team*